

Sejong Academy

HOT LUNCH

FEBRUARY 23-24

PRICES: STUDENT - No Charge, ADULT - \$XX.XX

SERVED DAILY

"Regular Entrée and/or Meatless/Vegetarian Alternate Entrée"
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice
 Variety of Milk, including Skim

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				Feb 1	Feb 2
				Orange Chicken Steamed Rice	Cheese Pizza
VEG				Tofu Curry Steamed Rice	
				Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Week 2	Feb 5	Feb 6	Feb 7	Feb 8	Feb 9
	Italian Meatball Hoagie Steamed Corn	Soft Shell Chicken Taco Tortilla Chips (for 9-12)	Walking Taco Pinto Beans	Marinated Chicken Leg Yellow Rice	Cheese Pizza
VEG	Cheese Melt Steamed Corn	Cheese Lasagna Dinner Roll	Cheese Quesadilla Pinto Beans	Teriyaki Tofu Steamed Rice	
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Week 3	Feb 12	Feb 13	Feb 14	Feb 15	Feb 16
	BBQ Chicken on Bun Tater Tots	Cheesy Breadsticks Marinara Sauce	Santa Fe Chicken Wrap Bean & Corn Salad	Tandoori Chicken Leg Steamed Rice (flavored)	No School
VEG	BBQ Tofu on Bun Tater Tots	Cheesy Breadsticks Marinara Sauce	Santa Fe Tofu Wrap Bean & Corn Salad	Tofu Shawarma Steamed Rice	
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	
Week 4	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
	No School	Mac & Cheese Soft Breadstick	Beef Nachos Steamed Corn	Marinated Chicken Leg Steamed Rice	Cheese Pizza
VEG		Mac & Cheese Soft Breadstick	Cheese Melt Steamed Corn	Teriyaki Tofu Steamed Rice	
		Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Week 5	Feb 26	Feb 27	Feb 28	Feb 29	Mar 1
	BBQ Meatball Hoagie Baked Beans	Chicken Shawarma Wrap Baked Chips	Chicken Quesadilla Corn Salsa	Tandoori Chicken Leg Yellow Rice	Cheese Pizza
VEG	BBQ Tofu on Bun Baked Beans	Cheese Lasagna Dinner Roll	Bean & Cheese Quesadilla Corn Salsa	Chickpeas and Tomatoes Yellow Rice	
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.



Our Commitment
 "Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ xxx-xxx-xxxx or
 DONE RIGHT FOOD @
www.donerightfood.com