

# Sejong

**FEBRUARY**

**HOT LUNCH**

**PRICE: STUDENT - \$XX.XX, ADULT - \$XX.XX**

**SERVED DAILY**

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach  
 Low Fat Dressing/Dip  
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup  
 Variety of Milk, including Skim

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			Feb 1	Feb 2	Feb 3
Main			Chicken Shawarma	Chicken Nachos	Pasta w/ Meatballs
			Yellow Rice	Corn Salsa	Garlic Breadstick
			Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
ALT			Hot Dog	Turkey & Cheese Quesadilla	Parmesan Chicken Sandwich
				Corn Salsa	
SOD			Roast Beef & Cheese on Bun	Chef Salad	Tuna Salad Wrap
VEG			Hummus w/ Chips (& Rice)	Bean & Cheese Nachos w/ Corn Salsa	Italian Pasta w/ Tofu & Garlic Breadstick
Week 2	Feb 6	Feb 7	Feb 8	Feb 9	Feb 10
Main	BBQ Chicken on Bun	Walking Taco	Beef & Cheese Lasagna	Marinated Chicken Leg	Chicken Mostaccioli
	Potato Wedges	Pinto Beans	Soft Breadstick	Yellow Rice	Dinner Roll
	Salad, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
ALT	Corn Dog	Chicken & Cheese Quesadilla	Chicken Chilli	Chicken Philly Hoagie	Turkey Enchilada Bake
	Potato Wedges	Pinto Beans	Soft Breadstick		
SOD	Roast Beef & Cheese on Bun	Turkey & Provolone on Bagel	Santa Fe Chicken Wrap	Tuna Salad on Bun	Chicken Shawarma Wrap
VEG	BBQ Tofu on Bun w/ Potato Wedges	Cheese Quesadilla w/ Pinto Beans	Cheese Lasagna w/ Breadstick	Cheese Melt	Cheesy Pasta w/ Roll
Week 3	Feb 13	Feb 14	Feb 15	Feb 16	Feb 17
Main	Sloppy Joe	Cheesy Breadsticks	Teriyaki Chicken Bowl	Soft Shell Turkey Taco	<b>No School</b>
	Baked Beans	Marinara Sauce	(w/ Yellow Rice)	w/ Corn Salsa	
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	
ALT	Cheeseburger	Parmesan Chicken Sandwich	Tandoori Chicken	Salisbury Steak	
	Baked Beans		Yellow Rice	Mashed Potatoes & Roll	
SOD	Turkey & Cheese Sandwich	Grilled Chicken Wrap	Tuna Salad Wrap	Egg Salad Sandwich	
VEG	BBQ Tofu on Bun w/ Baked Beans	Cheesy Breadsticks w/ Marinara	Tofu Teriyaki w/ Yellow Rice	Bean & Cheese Quesadilla w/ Corn Salsa	
Week 4	Feb 20	Feb 21	Feb 22	Feb 23	Feb 24
Main	<b>No School</b>	BBQ Chicken on Bun	Chicken & Cheese Quesadilla	Orange Chicken	Mac & Cheese
		Tator Tots	Pinto Beans	Steamed Rice	Soft Breadstick
		Salad, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
ALT		Pancakes w/ Turkey Sausage	Italian Chicken on Bun	Beef Chili	Cheeseburger
		Tator Tots	Pinto Beans	Biscuit	
SOD		Roast Beef & Cheese on Bun	Turkey & Cheese on Bagel	Tuna Salad on Bun	Southwest Chicken Wrap
VEG		BBQ Tofu on Bun w/ Tator Tots	Cheese Quesadilla & Pinto Beans	Orange Glazed Tofu w/ Rice	Mac & Cheese w/ Breadstick
Week 5	Feb 27	Feb 28			
Main	Chicken Philly Hoagie	Cheese Lasagna			
	Potato Wedges	Soft Breadstick			
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk			
ALT	Corn Dog	Italian Sloppy Joe			
	Potato Wedges				
SOD	Deli Sandwich	Chicken Fajita Wrap			
VEG	Cheese Melt w/ Potato Wedges	Cheese Lasagna w/ Breadstick			

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain  
 peanuts, other nuts/seeds, milk, egg, soybean,  
 and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*



**Our Commitment**  
 "Healthy Food, Healthy Message"  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office or  
 DONE RIGHT FOOD @ 763-789-4493 or  
 www.donerightfood.com