

# Sejong

JANUARY

HOT LUNCH

PRICE: STUDENT - \$XX.XX, ADULT - \$XX.XX

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach  
 Low Fat Dressing/Dip  
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan 2</b>	<b>Jan 3</b>	<b>Jan 4</b>	<b>Jan 5</b>	<b>Jan 6</b>
Sloppy Joe	Cheesy Breadsticks	Teriyaki Chicken Bowl	Soft Shell Turkey Taco	Chicken Mostaccioli
Baked Beans	Marinara Sauce	(w/ Yellow Rice)	w/ Corn Salsa	Garlic Breadstick
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
BBQ Tofu on Bun w/ Baked Beans	Cheesy Breadsticks w/ Marinara	Tofu Teriyaki w/ Yellow Rice	Bean & Cheese Quesadilla w/ Corn Salad	Cheese Pasta w/ Garlic Breadstick
<b>Jan 9</b>	<b>Jan 10</b>	<b>Jan 11</b>	<b>Jan 12</b>	<b>Jan 13</b>
BBQ Chicken on Bun	Pasta w/ Meatsauce	Orange Chicken	Chicken & Cheese Quesadilla	Cheese Pizza
Tator Tots	Dinner Roll	Steamed Rice	Pinto Beans	
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
BBQ Tofu on Bun w/ Tator Tots	Italian Pasta w/ Tofu	Orange Glazed Tofu w/ Rice	Cheese Quesadilla & Pinto Beans	Mac & Cheese w/ Breadstick
<b>Jan 16</b>	<b>Jan 17</b>	<b>Jan 18</b>	<b>Jan 19</b>	<b>Jan 20</b>
<b>No School</b>	Cheese Lasagna	Beef Nachos	Marinated Chicken Leg	Chicken Alfredo
	Soft Breadstick	Pinto Beans	Yellow Rice	Dinner Roll
	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Cheese Melt w/ Potato Wedges	Cheese Lasagna w/ Breadstick	Cheese Quesadilla w/ Pinto Beans	Hummus w/ Chips (& Yellow Rice)	Cheesy Pasta & Dinner roll
<b>Jan 23</b>	<b>Jan 24</b>	<b>Jan 25</b>	<b>Jan 26</b>	<b>Jan 27</b>
Orange Chicken	Cheesy Breadsticks	BBQ Chicken Leg	Chicken & Cheese Quesadilla	Cheese Pizza
Steamed Rice	Marinara Sauce	Biscuit & Steamed Corn	Pinto Beans	
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Orange Tofu w/ Steamed Rice	Cheesy Breadsticks w/ Marinara	Cheese Melt & Steamed Corn	Cheese Quesadilla & Pinto Beans	Italian Cheese Hoagie
<b>Jan 30</b>	<b>Jan 31</b>			
Sloppy Joe	Mac & Cheese			
Baked Beans	Soft Breadstick			
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk			
BBQ Tofu on Bun w/ Baked Beans	Mac & Cheese w/ Breadstick			

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*



**Our Commitment**

"Healthy Food, Healthy Message"  
 We provide wholesome, delicious, real food that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**

School Office or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)