

Sejong Academy

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| MAY/JUNE | HOT LUNCH | PRICE: STUDENT - \$XX.XX, ADULT - \$XX.XX |
| SERVED DAILY | | |

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Week 1 | May 1 | May 2 | May 3 | May 4 | May 5 |
| Main | Soft Shell Beef Taco Pinto Beans Salad, Veggies, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk | Sloppy Joe Steamed Corn Salad, Veggies, Fruit, Milk | Chicken Fajita Yellow Rice Salad, Veggies, Fruit, Milk | Mac & Cheese Garlic Breadstick Salad, Veggies, Fruit, Milk |
| ALT | Walking Taco Pinto Beans | Italian Chicken Sandwich | Cheeseburger Steamed Corn | Marinated Chicken Leg Yellow Rice | Chicken Strips Deli Coleslaw & Roll |
| SOD | Turkey & Cheese on Bun | Chicken Salad Wrap | Roast Beef & Cheese on Bun | Deli Club Sandwich | Chicken Fajita Wrap |
| VEG | Cheese Quesadilla w/ Beans | Cheesy Breadsticks w/ Marinara Sauce | BBQ Tofu on Bun w/ Steamed Corn | Tofu Teriyaki w/ Rice | Mac & Cheese w/ Garlic Breadstick |
| Week 2 | May 8 | May 9 | May 10 | May 11 | May 12 |
| Main | BBQ Chicken on Bun Baked Chips Salad, Fruit, Milk | Salisbury Steak Mashed Potatoes & Roll Salad, Fruit, Milk | Cheese Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk | Beef Nachos Pinto Beans Salad, Veggies, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk |
| ALT | Hot Dog Baked Chips | Turkey Quesadilla Steamed Corn | Chicken Alfredo Garlic Breadstick | Chicken Fajita Wrap Pinto Beans | Meatball Hoagie |
| SOD | Roast Beef & Cheese on Bun | Deli Club Sandwich | Chicken Ranch Wrap | Turkey & Cheese Bagel | Chicken Shawarma Wrap |
| VEG | BBQ Tofu on Bun w/ Baked Beans | Bean & Cheese Quesadilla w/ Corn | Cheese Lasagna w/ Garlic Breadstick | Hummus w/ Chips & Rice | Cheesy Pasta w/ Dinner Roll |
| Week 3 | May 15 | May 16 | May 17 | May 18 | May 19 |
| Main | Sloppy Joe Potato Wedges Salad, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk | Pasta w/ Meatsauce Dinner Roll Salad, Veggies, Fruit, Milk | Turkey Enchilada Bake Pinto Beans Salad, Veggies, Fruit, Milk | Swedish Meatballs Mashed Potatoes & Roll Salad, Veggies, Fruit, Milk |
| ALT | Chicken Shawarma Wrap Potato Wedges | Italian Chicken Sandwich | Chicken Philly Hoagie | Chicken Nachos Pinto Beans | BBQ Chicken on Bun Deli Coleslaw |
| SOD | Deli Club Sandwich | Southwest Chicken Wrap | Turkey & Cheese on Bun | Tuna Salad Wrap | Chicken Salad Wrap |
| VEG | BBQ Tofu on Bun w/ Potato Wedges | Cheesy Breadsticks w/ Marinara | Cheesy Pasta w/ Dinner Roll | Cheese Quesadilla w/ Beans | Cheese Melt w/ Deli Coleslaw |
| Week 4 | May 22 | May 23 | May 24 | May 25 | May 26 |
| Main | Chicken Fajita Wrap Pinto Beans Salad, Veggies, Fruit, Milk | Beef Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk | Chicken Quesadilla Steamed Corn Salad, Veggies, Fruit, Milk | Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk |
| ALT | Corn Dog Pinto Beans | Chicken Mostaccioli Pasta Garlic Breadstick | Chicken Strips Steamed Corn & Roll | Teriyaki Chicken Steamed Rice | Italian Chicken Sandwich |
| SOD | Roast Beef & Cheese on Bun | Deli Club Sandwich | Chicken Fajita Wrap | Egg Salad Wrap | Chicken Ranch Wrap |
| VEG | Cheese Quesadilla w/ Beans | Cheese Lasagna w/ Garlic Breadstick | BBQ Tofu on Bun w/ Steamed Corn | Tofu Teriyaki w/ Steamed Rice | Cheesy Breadsticks w/ Marinara |
| Week 5 | May 29 | May 30 | May 31 | June 1 | June 2 |
| Main | Italian Sloppy Joe Potato Wedges Salad, Fruit, Milk | Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk | Chicken Enchilada Bake Pinto Beans Salad, Fruit, Milk | Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk | Pasta w/ Meatsauce Garlic Breadstick Salad, Veggies, Fruit, Milk |
| ALT | Chicken Philly Hoagie Potato Wedges | Chicken Patty Sandwich Deli Coleslaw | Walking Taco Pinto Beans | Chicken Fajita Steamed Rice | Cheeseburger |
| SOD | Turkey & Cheese Bun | Chicken Salad Wrap | Roast Beef & Cheese on Bun | Tuna Salad Wrap | Chicken Fajita Wrap |
| VEG | Cheese Melt w/ Potato Wedges | Mac & Cheese w/ Breadstick | Cheese Quesadilla w/ Beans | Orange Glazed Tofu w/ Rice | Cheese Lasagna w/ Garlic Breadstick |
| Week 6 | June 5 | June 6 | June 7 | June 8 | June 9 |
| Main | Soft Shell Chicken Taco Pinto Beans Salad, Veggies, Fruit, Milk | Sloppy Joe Steamed Corn Salad, Veggies, Fruit, Milk | Chicken Shawarma Steamed Rice Salad, Veggies, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk | Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk |
| ALT | Beef Nachos Pinto Beans | Cheeseburger Steamed Corn | Teriyaki Chicken Steamed Rice | Italian Chicken Sandwich | Chicken Strips Deli Coleslaw & Roll |
| SOD | Roast Beef & Cheese on Bun | Deli Club Sandwich | Chicken Ranch Wrap | Egg Salad Wrap | Chicken Shawarma Wrap |
| VEG | Cheese Quesadilla w/ Beans | BBQ Tofu on Bun w/ Steamed Corn | Tofu Teriyaki w/ Rice | Cheesy Breadsticks w/ Marinara Sauce | Cheese Melt w/ Deli Coleslaw |
| Week 7 | June 12 | June 13 | June 14 | June 15 | June 16 |
| Main | BBQ Chicken on Bun Baked Beans Salad, Fruit, Milk | Salisbury Steak Mashed Potatoes & Roll Salad, Fruit, Milk | Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk | Chicken Fajita Yellow Rice Salad, Veggies, Fruit, Milk | Beef Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk |
| ALT | Hot Dog Baked Beans | Chicken Quesadilla Steamed Corn | Meatball Hoagie | Marinated Chicken Leg Yellow Rice | Cheeseburger |
| SOD | Deli Club Sandwich | Southwest Chicken Wrap | Turkey & Cheese on Bun | Chicken Caesar Salad | Chicken Salad Wrap |
| VEG | BBQ Tofu on Bun w/ Baked Beans | Bean & Cheese Quesadilla w/ Corn | Cheesy Breadsticks w/ Marinara | Orange Glazed Tofu w/ Rice | Cheese Melt |

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.



Our Commitment
 "Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office or
 DONE RIGHT FOOD @ 763-789-4493 or
 www.donerightfood.com